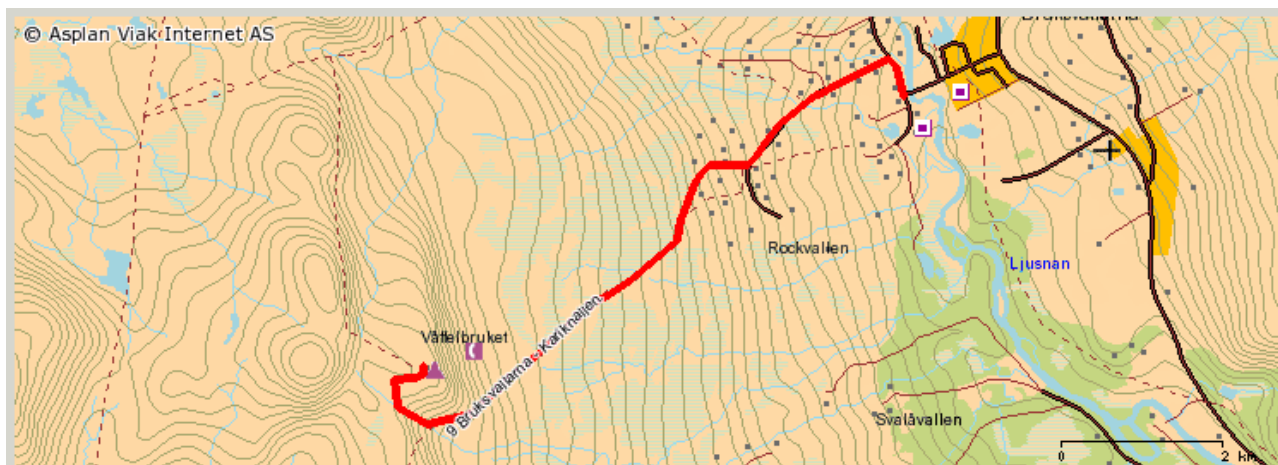


# Swedens most MTB-area



## 9. Bruksvallarna-Kariknallen.



**Length: 8 km.**

**Difficulty level: Red.**

A challenging tour with gradient of 370 meters, but well worth the effort. The tour starts from the supermarket ICA Stigmyhrs in Bruksvallarna, along the road Rockvällsvägen, past the hotel and resort Fjällbäckens. Eventually you arrive on the well marked summer trail that takes you all the way up to Kariknallen and the café on the top. Continue the heavy trail to the right all the way up to the café at the top.

When you've reached the café you should reward yourself with a waffle and a cup of coffee. Check the opening hours in the Summer Guide. Now the fun part starts when taking the same way back on the gravel road.

Once again you pass Fjällbäcken. Stop for a minute and enjoy a gorgeous view, have a cup of coffee or one of the best lunches in the area. Continue from Fjällbäcken back down to ICA, the supermarket.

This is a trail that needs both some good techniques and a dose of fitness. A beautiful tour with a luxurious touch since it passes both Kariknallen and Fjällbäcken, and finishes in Bruksvallarna at the Bruksvallsliden and Bruksvallarna's mountain hotel.

