

Swedens most MTB-area



23. Ljusnedal - Bruksgården.



Length: 13 km

Difficulty: Red

A fun and challenging turn along the beach of Ljusnan. Technical trails, rapids and some asphalt.

Start at hotel Gyllene Bocken in Ljusnedal.

Run the asphalt road to Bruksvallarna north with Ljusnan on the left hand. After 2.5 kilometers you will pass Ormän and turning towards the "new cemetery". 100 meters later, you take the left on a smaller road that takes you back. Soon is signposted to the right and you find easily the little winding path that now will take you to Kvarnströmmens waterfall, 1.5 kilometers upstream.

You come to Kvarnströmmens resting place where you can eat at a table which is built by a big stone rock. Continue the path upstream until you come out on the road and turn right towards Bruksvallarna.

After 100 meters you will see a new wooden plate pointing in to a path that goes down to Ljusnan. This path is quite technical, momentum-filled and fun! The path winds near the water and you pass on simple bridges a number of ditches and streams that lead out to Ljusnan. Eventually, you will come to the asphalt road between Funäsdalen and Bruksvallarna. Turn right towards Funäsdalen and turn left at the junction against Ljusnedal and drive back to Gyllene Bocken.