

# Swedens most MTB-area



## 18. Funäsdalen - Vivallen - Flon.

Blue. 25 km.



This is a tour that offers both technical trails, gravel roads and main road. You ride the old road from Funäsdalen to Flon by pine forests, over marshes and later along Ljusnan rapids. It can be cycled by most, and it offered no significant height differences, but you will have to keep your tongue right in the mouth at some places!

The trail from Fjällmuseet and goes along the highway towards Norway. After XL Fresk building turn right just before you pass Lillån and run now Vivallsvägen.

After 3.6 kilometers, follow the road to the left in a Y-cross and pass the winding Lillån. You will see more of Lillån soon, but now take the opportunity to drink some fresh water. After 1.5 kilometers you will cross the Nordic Ski track from Tännadalen, but you continue straight ahead.

At Vivallens chalet, they have found a Sami grave with several flat ground tombs from the late viking age. Along this road, you can meet training sleddogs, but in the summer they used 4-wheeler instead of the sleigh.

When you cross Lillån again, you have cycled 7 km and can take the opportunity to make a detour on foot if you want. By The uphill after the river, you fold of to a path to the left. It leads to a big pine, which is well worth a visit. When you walk or bicycle on the trail, you have the rushing Lillån on your left and come to pine after a few hundred meters.

At Morvallen the gravel will turn to a smaller road / double track and then to a single track. You are now running on a mire, and you will soon keep the height to comply with a technical path that is widely used by riders. You will soon be back on the road that takes you down to the Nordic Ski-track after about 11 km. The trail takes you to a smaller forest road where you turn left down to Flon and continue past the farms out on the bridg over Ljusnan. Out on the asphalt turn right and run back towards Funäsdalen.

On the other side Ljusnan to the right rises Funäsdalsberget with its sharp scree. Here you can how the rock is formed as a result of Europe and North America collided 400 million years ago.



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When you ride a few kilometers, you get a great opportunity for more technical cycling again. At a parking pocket, you can bike down to Ljusnan and follow it downstream for 2 km. The path winds up right on the beach, graduated red, and bitwise properly smuggled. You follow the road or the path down to Kvarnströmmen. If you choose to go on the path and notice that is too difficult you can just go out on the mainroad again.

After you passed over Ljusnan at Kvarnströmmens rapids, comes a long hill up to Röstberget. After the crest, turn right where it is signposted towards Gallery Alm and you will soon come back down to Fjällmuseet.

